GUIDING BODIES

World Police and Fire Games Federation (WPFGF)
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International Amateur Athletic Federation (IAAF)
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Web-Site: www.iaaf.org; E-Mail: headquarters@iaaf.org

World Masters Athletics (WMA)
[Formerly the World Association of Veteran Athletes (WAVA)]
Web-site: www.world-masters-athletics.org

EVENTS

MEN: Competitors shall compete ONLY within their actual age category. Event will be offered in the following Age Categories:

- 18 - 29
- 30 - 34
- 35 - 39
- 40 - 44
- 45 - 49
- 50 - 54
- 55 - 59
- 60 - 64
- 65 & over

OFFICIALS

Sports Coordinator:
Most selections for Sport Coordinators are made from volunteers, but Decathlon requires an individual(s) who has had experience in the sport. Contacts with those people who will assist the coordinator, such as track coaches, are necessary. The Track & Field coach hired to coordinate the Track & Field events should be contracted to handle the Decathlon.

Meet Officials:
As important as the facility itself are the officials who will control the meet and ensure all the rules are obeyed. These people are highly respected for their knowledge of Track rules and their sound judgments.

IAAF officials [or national/state affiliate] should be contacted to assist in the conduct of the sport. A delegate(s) should be appointed as a technical advisor to the organizing committee.
PERSONNEL

- Pit Workers
- Hurdle Workers
- Track Trainer and Paramedic
- Scorers
- Auxiliary Meet Personnel will be required to handle other tasks during the meet.

The Coordinator must ensure these people are trained. Clinics may have to be conducted to ensure these people know exactly what is expected of them and how to do it.

Where can help be found, utilize police officers, firefighters, explorer scouts, boy or girl scouts, student track athletes or any group that is willing to help.

MEDICAL

Basic medical supplies will be provided by the Host at the venue(s) including a First-Aid Kit. Communications shall be available at the venue(s) and preparations made in case it is necessary to summon emergency services.

FACILITY

A track surveyed for all the Decathlon events.

The sport should be held at a college/junior college track or a designated athletics sporting complex. Facility should be capable of handling all the events of Decathlon. High school tracks are not surveyed for some of the events. National/State IAAF affiliates or local college coaches are the best sources of information and assistance in this area.

EQUIPMENT

- Fully automatic timing system along with a complete back-up system.
- Hurdles
- Public Address System
- Showers and Restrooms
- Refreshments

NOTE: Poles are NOT provided for the pole vault event, unless stated otherwise in the Registration Book & Confirmation Letter.
SCHEDULE

The Decathlon is an event scheduled within the Track & Field Program. The individual time schedule within the Decathlon may be adjusted depending on the length of time an event may take.

Assignments:
Heat assignments are as follows: Clerk of the Course on the second call for an event should have all the contestants’ names and affiliations listed. This list should then be divided into heats at random.

EXAMPLE: First event – 100 Meter Run: Should 12 contestants report to the Clerk then there would be 2 heats of 6 runners each. NO late contestants should be accommodated. If they don't report soon enough, it is their own fault.

Decathlon requires 2 days. All events will be run no less than 30 minutes apart and no more than 1 hour apart.

The events are:

First Day
100 Meter Run
Long Jump
Shotput - 18-49 7.26 Kg
50-59 6.0 Kg
60+ 5.0 Kg
High Jump
400 Meter Run

Second Day
110 Meter Hurdles - 18-29 1.067m (42")
30-49 .991m (39")
100 Meter Hurdles 50-59 .914m (36")
60+ .840m (33")
16 m to 1st hurdle; 8 m between hurdles; 12 m to finish line
Discus - 18-49 2.0 Kg
50-59 1.5 Kg
60+ 1.0 Kg
Pole Vault (All age categories will compete.)
Javelin -
18-49 (800 grams)
50-59 (700 grams)
60+ (600 grams)
1,500 Meter Run
Scoring
Athletes entered from 18-34 will use the IAAF Scoring Tables. All others from 35+ will use Age Graded Scoring Tables.

GENERAL SPORT RULES for Decathlon

A system should be established to reproduce the results of each day’s efforts making copies available.

In the Long Jump, Shotput, Discus and Javelin each competitor shall be allowed three trials only.

If flights are necessary in any of the track events, the competitors for each flight (except in the 1500 Meter) may be drawn by lot. In the 1500 Meter, the flights may be made up and a draw made as competitors become available from the previous event, and where possible one flight should consist of the leading competitors at the end of 9 events. The referee shall have authority to rearrange any flight if in his/her opinion it is desirable.

A competitor failing to start or take a trial in any event of the competition shall be considered to have abandoned the competition and shall not be allowed to participate in any following event. He shall therefore not be included in the final placing or scoring.

A competitor disqualified for fouling another competitor in any event shall be permitted to compete in the remaining events, unless the referee shall rule that mere loss of points is not a sufficient penalty.

The scores of each competitor, separately and combined, should be announced to the competitors after the completion of each event.

The winner shall be the competitor who has scored the highest number of points in all events, awarded on the basis of the I.A.A.F. scoring tables. In case of a tie, the winner shall be the competitor scoring the greater number of points in any one of the 10 events. This procedure shall apply to ties for any place in the competition.

The order of competing shall be drawn before each separate event.
AWARDS

Medals are awarded First through Third Place (1st – 3rd). WPFGF will advise you of the number of sets needed based on total entries, plus a reasonable margin.

ATTENTION COORDINATORS

THE WPFG GENERAL RULES APPLY TO ALL SPORTS. YOU MUST BE FAMILIAR WITH ITS CONTENTS.

PRECISE RESULTS MUST BE FORWARDED TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE CONCLUSION OF THIS SPORT

The WPFGF Director assigned to your sport is knowledgeable and experienced in providing assistance during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the WPFGF shall be submitted in a timely manner to this WPFGF Director.

The WPFGF Directors want to work with you to make your sport a success.

PLEASE USE THE WPFGF DIRECTORS AS A RESOURCE.